INTEGRAL METHODS FOR DESCRIBING PULSATILE FLOW

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ABSTRACT. This paper presents an approximate solution of the pulsatile flow of a Newtonian fluid in the laminar flow regime in a rigid tube of constant diameter. The model is represented by two ordinary differential equations. The first equation describes the time evolution of the total flow rate, and the second equation characterizes the reverse flow near the wall. These equations are derived from the momentum balance equation and from the kinetic energy equation, respectively. The accuracy of the derived equations is compared with a solution in which the finite difference method is applied to a partial differential equation.

KEYWORDS: pulsatile flow, integral energy, integral momentum, rigid pipe.

1. INTRODUCTION

Pulsatile flow is a time-dependent flow that consists of a constant part (Hagen-Poiseuille flow, with a parabolic velocity profile, fully controlled by the viscous forces) and an oscillatory part, which is controlled by the viscous forces at the wall and by the inertial forces at the core [1]. Pilot studies of time-dependent laminar flow were reported by [2], and were followed by [3] and [4]. Sexl [2] developed an analytical solution to the momentum equation of Newtonian fluid flow subjected to a pressure gradient dp/dx = Ceωt. Szymanski [3] employed a similar technique, and obtained an analytical solution to the momentum equation for the flow driven by a pressure gradient dp/dx = 0 for t ≤ 0 and dp/dx = C for t > 0, where C was constant. An extended review of the literature dealing with laminar pulsatile flow, which presents the current state of theoretical and experimental knowledge was thoroughly drafted by [5] and supplemented in [6].

The most cited work on linearization of the basic equations [7] was carried out by Womersley in the late 1950’s, and was published in a series of papers [8], [9] and [10]. Most of these materials appear in a comprehensive report [11].

Another option for solving non-stationary flow is to employ the integral momentum and integral energy method, which leads to a different form of equations. In this method, it is not the Navier-Stokes equations themselves that are solved, but the integrated form of the stream wise momentum or energy equation. The form of the velocity profiles is assumed a priori with unknown coefficients characterizing the profile [12]. A list of integral methods that are used, variants of velocity profiles, the ability to capture the reverse flow and specific features of the method are presented in (Tab. 1). The methods in the list describe unidirectional the pulsatile flow and the impulsively-initiated flow of a Newtonian fluid within a rigid tube of constant diameter, unless otherwise stated in the column “Specific”.

To the best of the author’s knowledge, there is no integral energy solution for pulsatile flow that takes into account the reverse flow. Only some of the listed methods are able to solve both, the periodic flow and the impulsively-initiated flows for arbitrary initial conditions (using time marching algorithms). Additionally, there is a controversy over the comparative accuracy of the energy method and momentum integral methods; the results depend on the specific test and on the selected accuracy criterion. For example, Elkouh [21] tested his method in the special case of a sinusoidally oscillating Newtonian fluid (the method did not take into account the reverse flow near the wall). A comparison with the exact solution [22] showed, that the integral energy method is more accurate than the integral momentum method. The methods described in this paper anticipate quite opposite conclusions.

The method proposed in our paper was applied in the newly developed experimental method for identifying viscoelastic properties of blood vessels and grafts using a transient water hammer experiment [24]. The experimental setup consists of the tested elastic tubular sample connected to a long glass capillary filled with an oscillating column of water. When the standard balance momentum equation with a parabolic velocity profile [23], [24] is used to describe the pulsation of the column of water, there is an error in the predicted frequency. The error is reduced by using a new model, which replaces the standard balance momentum equation by two ordinary differential equations: one for the total flow rate and one for the reverse flow rate. The model is derived from the momentum balance and from the macroscopic kinetic energy balance.
The exact solution of pulsatile flow in a rigid tube of constant radius $R$ is fully described by the momentum balance in the radial direction, assuming rotational symmetry and spatially fully-developed flow of non-compressible fluid

$$\rho \frac{\partial u}{\partial t} = -\frac{\partial p}{\partial r} + \frac{1}{r} \frac{\partial}{\partial r} \left( r \frac{\partial u}{\partial r} \right), \quad (1)$$

where $\rho$ is constant density and $\mu$ is dynamic viscosity. Pressure $p$ is independent of the radial coordinate, as follows from the momentum balance in the radial direction. The pressure gradient can be considered as a known (and arbitrary) function $P(t)$

$$P(t) = \frac{\partial p}{\partial x}. \quad (2)$$

An exact solution of (1), (3) has to provide the same results, but the results of an approximate solution may differ slightly. An approximation of the velocity profile $u(r,t)$ can be represented as a linear combination of polynomial basis functions

$$u(r,t) = \sum_{i=1}^{n} U_i(t) N_i(r) + \sum_{i=1}^{n} U_i(t) \left( \frac{r^{2(i+1)}}{R^{2(i+1)}} - \frac{r^{2i}}{R^{2i}} \right). \quad (4)$$

The term $U_i(t)$ is the amplitude of the velocity profile, and the symmetric basis functions $N_i(r)$ satisfy the boundary conditions $u(R, t) = 0, \frac{\partial u(0, t)}{\partial r} = 0$.

### Table 1. List of integral methods used for describing pulsatile flow.

<table>
<thead>
<tr>
<th>Author</th>
<th>Solution method</th>
<th>Velocity profile form</th>
<th>Reverse flow</th>
<th>Specific</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hromádka, Chlup, Žitný</td>
<td>Integral momentum</td>
<td>$u(r, t) = U(t) \sum_{i=0}^{4} a_i r^i$ for $a_1 = 0$</td>
<td>yes</td>
<td>Flow in a tube with and without longitudinal vibration of the wall compared with [11] exact solution for $\alpha = 0–10$</td>
</tr>
<tr>
<td></td>
<td>Integral momentum</td>
<td>$u(r, t) = U(t) \sum_{i=0}^{4} a_i \frac{r^i}{\mu}$ for $a_1 = a_3 = 0$</td>
<td>yes</td>
<td>Flow of Non-Newtonian fluid with vibrating wall</td>
</tr>
<tr>
<td></td>
<td>Integral momentum</td>
<td>$u(r, t) = U(t) \sum_{i=0}^{4} a_i \frac{r^i}{\mu}$ for $a_1 = 0$</td>
<td>yes</td>
<td>Flow of micropolar fluid with and without longitudinal vibration of the wall</td>
</tr>
<tr>
<td></td>
<td>Combination of integral energy and integral momentum</td>
<td>$u(r) = U \sum_{i=0}^{3} a_i \frac{r^i}{\mu}$ for $a_1 = a_3 = 0$ and flat profile</td>
<td>yes</td>
<td>Steady flow through rigid stenosis, results were compared with an experiment</td>
</tr>
<tr>
<td></td>
<td>Integral momentum</td>
<td>$u(r) = U \sum_{i=0}^{3} a_i \frac{r^i}{\mu}$ for $a_0 = 0$</td>
<td>yes</td>
<td>Steady flow through rigid stenosis, results were compared with experiment [17]</td>
</tr>
<tr>
<td></td>
<td>Integral momentum</td>
<td>$u^<em>(r^</em>, x^<em>, t^</em>) = \sum_{i=0}^{3} U_i(x^<em>, t^</em>) r^{3i}$ for $U_0 = U_1 = 0$</td>
<td>yes</td>
<td>Flow through compliant and rigid tube. Solution in rigid tube was compared with [11] for $\alpha = 1, 3, 4.72, 6.67, 15$</td>
</tr>
<tr>
<td></td>
<td>Integral momentum</td>
<td>$u(r, t) = e^{i\omega t} a_0 (1 - \frac{r^2}{\mu}) (a_1 - \frac{r^2}{\mu})$</td>
<td>yes</td>
<td>Solution only for harmonic $P$, compared with [20] exact solution for $\alpha = 2, 4, 6$</td>
</tr>
<tr>
<td></td>
<td>Integral momentum, integral energy</td>
<td>$u(r, t) = 2\bar{U} \left( \frac{a_{n+1}}{R^{n+1}} \right) \left( 1 - \frac{r^{n+1}}{R^{n+1}} \right)$</td>
<td>no</td>
<td>Flow of power law and Newtonian fluid compared with [22] exact solution for $\alpha = 0–10$</td>
</tr>
<tr>
<td></td>
<td>Integral momentum</td>
<td>$u(r, t) = 2\bar{U} (1 - \frac{r^2}{\mu})$</td>
<td>no</td>
<td>Method proposed compared with [22] exact solution for $\alpha = 0–9$</td>
</tr>
</tbody>
</table>

2. METHODS

2.1. MATHEMATICAL MODEL – WEAK FORMULATION

The exact solution of pulsatile flow in a rigid tube of constant radius $R$ is fully described by the momentum balance in the $x$ axial direction, assuming rotational symmetry and spatially fully-developed flow of a non-compressible fluid
An approximation of the velocity profile for \( n = 1 \) corresponds to a parabolic function (Hagen Poiseuille) and further terms with a higher power exponent can be called corrective functions that provide a description of more extrema (for example the second basis function \( N_2(r) \) represents a typical radial velocity profile with backflow at the wall).

First, we derive approximate solutions \([3], [4]\) from the balance momentum equation \([1]\) and from the kinetic energy equation \([3]\) respectively. The Galerkin weighted residual method is applied. The integration of the residual \( res \) and the weight function \( w_j \) is over area \( 2\pi r \, dr \), and for the momentum balance results in

\[
\int_0^R \text{res} \cdot w_j \, dr = 0,
\]

and the weight function \( w_j \) is over the area \( 2\pi r \, dr \), and for the momentum balance results in

\[
\int_0^R \rho \frac{\partial u}{\partial t} + \mathbf{P} - \mu \nabla \cdot \nabla (r \nabla u) \] \( N_j(r) \) \( 2\pi r \, dr = 0,
\]

Subscript \( i \) is the summation index, and index \( j \) corresponds to the \( j \)-th weight function (corresponding to the \( j \)-th equation).

It is more convenient to work with flow rates. We therefore define the total flow rate within the tube

\[
q(t) = 2\pi \sum_{i=1}^n U_i(t) \int_0^R r N_i(r) \, dr = \pi R^2 \sum_{i=1}^n \frac{U_i(t)}{i(i+1)} = q_1(t) + q_2(t) + \ldots + q_n(t) \quad \text{res.}
\]

(7)

Subscript \( i = 1 \) corresponds to the Poiseuille flow, while indices \( i \geq 2 \) to \( n \) denote correction functions that are able to describe more extrema of the velocity profile

\[
q_i(t) = 2\pi U_i(t) \int_0^R r N_i(r) \, dr = \pi R^2 \frac{U_i(t)}{i(i+1)}.
\]

(8)

It is now simple to express the velocity \( U_i(t) \) as a function of the flow rate

\[
\begin{bmatrix}
U_1(t) \\
U_2(t) \\
\vdots \\
U_n(t)
\end{bmatrix} = \frac{1}{\pi R^2} \begin{bmatrix}
2 & -2 & 0 \\
0 & 0 & \ddots \\
0 & 0 & 0 & 0
\end{bmatrix} \begin{bmatrix}
q_1(t) \\
q_2(t) \\
\vdots \\
q_n(t)
\end{bmatrix}.
\]

(9)

Equations \([5]\) and \([6]\) can be rewritten in terms of the flow rate in matrix notation as

\[
\begin{align*}
\rho \frac{dq}{dt} + \mathbf{M}_k^{-1} \mathbf{A}^{-1} \mathbf{n}_k P - \mu \mathbf{M}_k^{-1} \mathbf{A}^{-1} \mathbf{K}_k \mathbf{A} q &= 0, \\
\rho \frac{d}{dt} (q^2) + \mathbf{M}_k^{-1} \mathbf{A}^{-2} \mathbf{K}_k \mathbf{A} q^2 &= 0.
\end{align*}
\]

(10)

(11)

Let us restrict the approximation to the first term in the polynomial series \([3]\) (parabolic velocity profile). The momentum balance reduces into the equation

\[
\rho \frac{dq}{dt} + \frac{3}{4} \pi R^2 q^2 + \frac{24}{4} \frac{\mu}{R^2} \frac{d}{dt} q = 0
\]

(12)

and the mechanical energy equation formulated from \([3]\)

\[
\rho \frac{dq}{dt} + \frac{2}{3} \pi R^2 q + \frac{16}{3} \frac{\mu}{R^2} q = 0.
\]

(13)

These two equations describe the same physical problem. However, they are not identical as they differ from each other by the coefficients. The equations are identical only for stationary flow, and both lead to Hagen-Poiseuille flow. The reader has to ask himself which of the equations \(-[12]\) or \([13]\) provides a better description of the real movement of a fluid. However, the answer to this question is left until an analysis of the test examples has been made. We consider the velocity profile as the fourth order polynomial function (the first basis function describes the Poiseuille flow, and the second basis function describes
the reverse flow, the backflow in the vicinity of the wall)
\[ u(r, t) = U_1(t) \left(1 - \frac{r^2}{R^2}\right) + U_2(t) \left(\frac{r^2}{R^2} - \frac{r^4}{R^4}\right). \]
Equations (9), (10) were applied to (14), and this leads to a system of ODE’s. After a simple manipulation we obtain a standard formulation of the momentum balance for the flow rates
\[
\rho \left(\frac{dq}{dt}\right) + \pi R^2 \left(\frac{8}{9} \frac{q}{5} \frac{q}{9} \frac{q}{30} \frac{q}{9}\right) P + \mu \frac{q}{R^2} = 0.
\]
Equations (12), (13), or (15), (16) are linear, while (16) is a system of nonlinear differential equations. Systems (12), (13), or (15), (16) can be solved with the Matlab ODE toolbox for an arbitrary time course of \( P(t) \) (continuous as well as discontinuous pressure gradients) and for arbitrary initial conditions prescribed in the form of the total flow rate \( q \) and the reverse flow rate \( q_2 \) at time zero.

2.2. Test Example
Differences between the solution of the flow rate realized by the finite difference method \( q_{fd} \) with a very fine mesh (an implicit method with a central difference scheme), the standard balance momentum (12), the mechanical energy equation (13), and the proposed two-equation approximations (15), (16) were tested using the model with harmonic driving force (pressure gradient \( P(t) \)), consisting of a stationary part \( p_{stat} = -100 \text{Pa m}^{-1} \) and an oscillatory part \( p_{amp} = -500 \text{Pa m}^{-1} \) in a rigid tube of constant radius \( R = 2 \text{mm} \)
\[ P(t) = p_{stat} + p_{amp} \sin(\omega t). \]
Stationary flow is assumed at time \( t = 0 \) as initial conditions, therefore
\[ q(0) = -\frac{\pi R^4}{8 \mu} P(0), \quad q_2(0) = 0. \]
The frequency \( \omega \) can be expressed in a dimensionless form either Strouhal or Womersley number \( \alpha \)
\[ \alpha = R \sqrt{\frac{\omega \rho}{\mu}}. \]

2.3. Determining the Deviation
The deviation (20) is computed as the standard Euclidean norm of two flow functions, which is calculated from the finite difference method and from the flow rate using the equation (12), (15), (13), (16), respectively, and which are integrated over time with the period \( T = 2\pi/\omega \)
\[ \text{Error} = \left[ \frac{1}{T} \int_0^T (q(t) - q(t)_{fd})^2 \ dt \right]^{\frac{1}{2}}. \]

3. Results
The deviation of the suggested balance momentum (12), (15), the energy equations (13), (16) is demonstrated by (Fig. 1), which illustrates the deviation from the exact solution computed by the equation (20).

![Figure 1](image.png)

**Figure 1.** The graph presents the deviation of flow rate \( q \) from \( q_{fd} \). The black curves correspond to the formulation from the kinetic energy balance (13), (16) while the grey curves correlate with the weak solution of the balance momentum (12), (15). The solid curves are consistent with the parabolic velocity profile approximation and the dashed curves are equivalent to the approximation of the velocity profile with a fourth order polynomial function.

Three representative samples of the evolution of the velocity profile and the course of the wall shear
stress are shown in the figures below. Pairs of velocity profiles are presented in (Fig. 2). A Womersley number is assigned to each pair of velocity profiles in two different time points \(t_1, t_2\) and also for the wall shear stress. The results of the wall shear stress can be found in (Fig. 3) below.

**Figure 2.** The black lines are representatives of the velocity profiles obtained from the finite difference method on the right side of the figures. The dashed lines were obtained by calculating (16) (black color), (15) (grey color).

**Figure 3.** The black lines correspond to the shear stress at the wall calculated using the finite difference method. The dashed lines mark the wall shear stress of the approximate solution. The color designation for the approximate solution is the same as in previous figures.

### 4. Conclusion

The method proposed here is suitable especially for the situation where the pressure gradient cannot be decomposed into Fourier series, which corresponds to \[24\]. The exact solution through the Bessel function is therefore not applicable. The effect of assuming a parabolic profile and applying the Galerkin method is shown in (Fig. 1). The maximum error when using the momentum integral method is 2.8 percent. The maximum error when using the energy integral method is 5.5 percent. The discrepancy between Elkouh’s results, which assume the steady state of the velocity profile, and our results is caused by the use a different method for finding the solution (in our case, the Galerkin method), by the specific test, and by the selected accuracy criterion.

Elkouh reported that better results were obtained from the integral energy method with the well-known steady state velocity profile (without reverse flow) for \(\alpha = 0–10\) \[21\]. The method proposed here is designed to take the reverse flow into account, and it investigates the error of the integral energy method and the integral momentum method. The maximum error over a cycle was 0.3 percent for the integral momentum solution while the maximum error caused using the integral energy method was 1.3 percent. The higher error of the system of mechanical energy equations derived from the integral energy (16) is caused by nonlinearities. The integral solution (15) is in excellent agreement with the finite difference solution in the region \(\alpha = 1–20\) which is a part of the intermediate region of pulsatile flow \[5\], \[6\]. Another type of gradient \(P\) (a symmetric triangular wave) was applied to the system of equations (15), (16) and also to the finite difference method. The same amplitude of the stationary and nonstationary part of the pressure gradient was used as in the test example (17). Similar error was calculated as in (Fig. 1) based on (20). The maximum error from the flow calculation (15), (16) in comparison with the finite difference solution, was 1.4, 2.4 percent, respectively.

The evolution of the approximate velocity profiles is in good agreement with the velocity profile calculated from the finite difference method (Fig. 2).

The wall shear stress calculated from the momentum balance (15) describes the shear stress at the
wall more precisely than the shear stress that was evaluated from the mechanical energy equation (16).

Other variational methods were tested (least square integral energy and momentum, an expert estimate of the weight function with integration of momentum, and also the energy equation) together with various integrations of differential equations (over the radius and over the area). The lowest error found was using the Galerkin integral momentum method with integration over the area of rigid pipe. This method has therefore been presented in this paper.

5. APPENDIX
For illustration, let us derive the balance momentum with the backflow (15). We recall equations (1), (5), (14) and we obtain a set of integral equations (22).

\[
\int_0^R \left\{ \rho \left[ \frac{dU_1(t)}{dt} \left( 1 - \frac{r^2}{R^2} \right) \right] + \frac{dU_2(t)}{dt} \left( \frac{r^2}{R^2} - \frac{r^4}{R^4} \right) \right\} dr - P \left[ -U_1(t) \left( \frac{2}{R^2} + \frac{2r}{R^2} \right) \right] + \mu \left[ -U_1(t) \left( \frac{2}{R^2} + \frac{2r}{R^2} \right) \right] = 0, \quad (22)
\]

The inner product of differential equations and weighted basis functions integrated over the area yield two ordinary differential equations (24), (25) for unknown center-line velocity \( U_1(t) \), \( U_2(t) \)

\[
\frac{1}{3} R^2 \rho \frac{dU_1(t)}{dt} + \frac{1}{12} R^2 \rho \frac{dU_2(t)}{dt} + 2 \mu U_1(t) + \frac{2}{3} \mu U_2(t) + \frac{1}{2} R^2 P = 0, \quad (24)
\]

\[
\frac{1}{12} R^2 \rho \frac{dU_1(t)}{dt} + \frac{1}{30} R^2 \rho \frac{dU_2(t)}{dt} + \frac{2}{3} \mu U_1(t) + \frac{2}{3} \mu U_2(t) + \frac{1}{6} R^2 P = 0. \quad (25)
\]

We can formulate the center-line velocity in terms of flowrates. This can be done easily through (9)

\[
U_1(t) = \frac{1}{\pi R^2} (2q(t) - 2q_2(t)), \quad (26)
\]

\[
U_2(t) = \frac{1}{\pi R^2} (6q_2(t)). \quad (27)
\]

Combining (24), (25) with (26), (27) leads to a set of a differential equations for describing the non-stationary flowrates within a rigid pipe of constant diameter

\[
\rho R^2 \left( \frac{4}{5} - 1 \right) \left( \frac{dq}{dt} \right) + \pi R^4 \left( \frac{3}{5} \right) P + \mu \left( \frac{24}{40} \frac{80}{80} \right) (q, q_2) = 0. \quad (28)
\]

Simple manipulation of (28) yields the standard set of equations (15). Equations (16) are derived in a similar manner.

LIST OF SYMBOLS
\( \alpha \) Womersley number [-]
\( \rho \) Water density \([\text{kg} \cdot \text{m}^{-3}]\)
\( \tau \) Wall shear stress \([\text{Pa}]\)
\( \mu \) Dynamic viscosity \([\text{Pa} \cdot \text{s}]\)
\( \omega \) Angular frequency \([\text{rad} \cdot \text{s}^{-1}]\)
\( i \) \( i \)-th index [-]
\( i \) Imaginary unit [-]
\( n \) \( n \)-th index [-]
\( N_i \) Basis function [-]
\( p \) Pressure \([\text{Pa}]\)
\( P \) Pressure gradient \([\text{Pa} \cdot \text{m}^{-1}]\)
\( p_{\text{amp}} \) Amplitude of the nonstationary part of gradient pressure \([\text{Pa} \cdot \text{m}^{-1}]\)
\( q \) Total flowrate \([\text{m}^3 \cdot \text{s}^{-1}]\)
\( q_i \) Corrective flowrate \([\text{m}^3 \cdot \text{s}^{-1}]\)
\( q_{\text{amp}} \) Total flowrate calculated from finite difference method \([\text{m}^3 \cdot \text{s}^{-1}]\)
\( r \) Radial coordinate \([\text{m}]\)
\( r^* \) Dimensionless radial coordinate [-]
\( R \) Radius of the tube \([\text{m}]\)
\( t \) Time \([\text{s}]\)
\( t^* \) Dimensionless time [-]
\( u \) Fluid velocity \([\text{m} \cdot \text{s}^{-1}]\)
\( u^* \) Dimensionless velocity [-]
\( U_i \) Velocity amplitude \([\text{m} \cdot \text{s}^{-1}]\)
\( U \) Average velocity amplitude \([\text{m} \cdot \text{s}^{-1}]\)
\( w_j \) \( j \)-th weight function \([\text{m}]\)
\( x \) Axial coordinate \([\text{m}]\)
\( x^* \) Dimensionless axial coordinate [-]
\( \text{res} \) Residual \([\text{Pa} \cdot \text{m}]\)

Error Deviation of the flowrate [-]
\( A \) Matrix flowrate coefficients [-]
\( K_b \) Stiffness matrix of the momentum balance [-]
\( K_k \) Stiffness matrix of the kinetic balance [-]
\( M_b \) Mass matrix of the momentum balance \([\text{m}^2]\)
\( M_k \) Mass matrix of the kinetic balance \([\text{m}^2]\)
\( N_b \) Coefficients of driving force \([\text{m}^2]\)
\( N_k \) Coefficients of driving force \([\text{m}^2]\)
\( q \) Flowrate vector \([\text{m}^3 \cdot \text{s}^{-1}]\)
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