A METHOD FOR EVALUATION OF NON-UNIFORM RADIANT-CONVECTIVE LOAD ON HUMAN BODY DURING MENTAL WORK

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ABSTRACT. The objective of this study was to develop a documentation for the amendment of the microclimatic part of the Czech Government Regulation, particularly in a non-uniform radiant-convective load evaluation. Changes in regulation were made based on experimental data obtained on a group of experimental individuals in a climatic chamber. One of the objectives of the climatic chamber experiments was to evaluate whether there was a possibility to use an alternative method, which utilizes a new value — stereotemperature, for the assessment.

A group of 24 women was exposed to a non-uniform radiant-convective load in a climatic chamber for 1 hour during their computer work. Measurements were divided according to the globe temperature into 3 stages. The physical parameters of air were continuously measured: the air temperature, globe temperature, air velocity, radiant temperature, relative humidity, stereotemperature and physiological parameters. Thermal sensations of experimental subjects were expressed in the seven-point scale according to EN ISO 7730.

The thermal sensation correlated very well with the difference of stereotemperature and the globe temperature. The stereotemperature correlated very well with the radiant temperature. In this work, the composed equations were used to develop the limit values for the thermal stress evaluation in the uniform and non-uniform thermal environment at workplaces. It is possible to determine how the body of an exposed person perceives the non-uniform climatic conditions in the indoor environment, by adding the stereotemperature to government regulations.

KEYWORDS: indoor environment; non-uniformity thermal load; thermal conditions at workplaces; stereotemperature; stereothermometer.

1. INTRODUCTION

A non-uniformity of a heat-humidity microclimate can be observed both in residential buildings as well as in workplaces. It occurs in hot workshops and industrial facilities (e.g. in steel mills and glass factories), where the workers are exposed to an excessive thermal radiation from a single direction. A building with light external cladding (office buildings) is another example. Large windows are a source of thermal radiation in summer (but also in spring and autumn) and excessive cold radiation in winter. The unevenness in the area might be caused by poorly adjusted air conditioning units, air heating or cooling systems, heating surfaces and the location of radiators.

People perceive heat or cold of the environment through thermoreceptors located in the skin, hypothalamus and core body [1]. Thermoreceptors perceive ambient temperatures in the tissue, and send signals to the brain in the form of a heat feeling [2]. An environment that is too hot or cold causes unpleasant reactions of the human body (e.g. sweating, cold hands and ankles) and therefore a local discomfort. The thermal balance of the human body is provided through human skin [3]. As it is well known, the human thermal comfort is conditioned by the thermal equilibrium. This is achieved when the body produces the same heat as the vicinity of the body takes away.

Heat-humidity conditions are physical factors that influence the subjective feeling of the person’s thermal comfort and their job performance [4]. The user satisfaction with the artificially created environment in a building is, therefore, increasingly important from the economical point of view. Besides the investment and consequently operating costs of engineering systems of the environment, the importance is also placed on the relationship between the user satisfaction with the indoor environment in buildings and job performance. If people are not satisfied with the given environment, then the job performance decreases and the labour costs increase. This may play a more important role than increased operating costs to improve the microclimate parameters and vice versa [5].

The basic document for the evaluation of a non-uniformity radiant-convective load in the European Community is EN ISO 7730:2005 [6]. The document is based on the prediction of a human thermal sensation, calculated by the predicted mean vote (PMV) and predicted percentage of dissatisfied (PPD), the people which will be dissatisfied with the environment.
within the meaning of excessive heat or cold. The currently used PMV model was developed in coherent and steady-state experimental conditions [7]. Humphreys and Nicol [8] described the shortcomings of the PPD and PMV indices specified in EN ISO 7730. It is a set of errors, such as errors in the calibration in humidity measurement, determining the values for metabolism or the error in the clothes insulation measurement. Furthermore, it was found that the PMV and PPD can be seriously misleading when used to predict the mean comfort votes of a group of people in everyday conditions in buildings, particularly in warm environments. Residents of buildings are able to adapt to a much wider range of conditions and accept a higher indoor temperature than it is predicted by the PMV/PPD model [8].

The issue of a non-uniform thermal load inside buildings has not been adequately solved in the past years in the Czech legislation. The means of evaluating the radiant temperature asymmetry (RTA) has been supplemented by an alternative evaluation of uneven components of the environment. Therefore, the value of stereotemperature \( t_{\text{stereo}} \) (or \( t_{\text{st}} \)), for the horizontal or vertical non-uniformity of the indoor environment in the workplace, was introduced in the hygiene regulation in the Government Regulation in Czech Republic No. 93/2012 Coll. [9].

The aim of the study was to determine the response of the selected physiological indicators and feelings of the subjects during mental work in a non-uniform heat load under experimental conditions in a climatic chamber. Another objective was to verify that the value of \( \Delta(t_{\text{stereo}} - t_{g}) \) characterizes the non-uniformities of the thermal environment as well as the value of the radiant temperature asymmetry RTA obtained as \( \Delta(t_{rA} - t_{rB}) \). This work also includes a local discomfort evaluation by objective methods for the evaluation of microclimatic conditions.

2. MATERIALS AND METHODS

The experiments took place in a climatic chamber of National Reference Laboratory for Measuring and Evaluation Thermal Conditions at the Institute of Public Health in Ostrava. The experiment included measuring the physical factors of the thermal environment, physiological response measurement and feelings of subjects’ observations and effect of mental performance.

The climatic chamber has an internal space \( 2 \times 3 \times 2 \, \text{m} \), (Figure 1). The conditioned air is supplied to the chamber from an engine room through a hole with dimensions \( 1 \times 1 \, \text{m} \) in the direction of the long axis of the chamber. The chamber allows to set the air velocity \( (v_a) \) in the range from 0.2 up to \( 2 \, \text{m} \, \text{s}^{-1} \), the air temperature \( (t_a) \) in the range from 0 up to \( 60 \, ^\circ\text{C} \) and the relative humidity \( (\text{RH}) \) in dependence on the air temperature in the range from 30 up to 90%. The intensity of the unilateral radiation has its maximum at \( 200 \, \text{W} \, \text{m}^{-2} \).

The measurements were divided into three stages (SI to SIII) according to the globe temperature \( (t_g) \) subsequently:

- **SI**: \( t_g = 19 \, ^\circ\text{C} \);
- **SII**: \( t_g = 22 \, ^\circ\text{C} \);
- **SIII**: \( t_g = 25 \, ^\circ\text{C} \).

The differences between the radiant temperature measured from the direction of the radiation \( (t_{rA}) \) and the globe temperature \( (t_g) \) in each stage are shown in Table 1. The radiation intensity \( (I) \) ranged from \(-97\) to \(+153\) \( \text{W} \, \text{m}^{-2} \) in all stages. The air velocity was set to \( v_a = 0.25 \, \text{m} \, \text{s}^{-1} \). The relative humidity fluctuated in the physiological range between 30–70%. The thermal conditions were chosen to be the optimal conditions for a uniform thermal environment of the experimental subjects (ES).

![Figure 1. The climatic chamber](image-url)
The air is conditioned in a nearby engine room. The automatic regulation is controlled straight from the control room of the chamber. The physical and physiological parameters of subjects are continuously registered within the experiment and stored in a computer memory. A correlation and regression analysis was used for the statistical evaluation ($\alpha = 5\%$). The processing was done in Stata v. 9 [10].

The experiments were done on a group of 24 women aged 20–23 years (ES), students of the Medical Faculty at the University of Ostrava. Experimental subjects were dressed in a simple suit. Depending on $t_g$ (19–25 °C), a clothing insulation was 1.0, 0.75 and 0.5 clo. The clothing insulation was set by ISO 9920 [11]. The experimental subjects were familiar with the experiment [12] and have been pre-trained for the mental performance for computer tasks in optimal conditions (without a non-uniform radiant-convective load) to achieve a stable performance. The mental performance evaluation is a part of a different work [13].

<table>
<thead>
<tr>
<th>Stage I (SI)</th>
<th>Stage II (SII)</th>
<th>Stage III (SIII)</th>
<th>SI–SIII</th>
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<td>$t_g$</td>
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<td>−3</td>
<td>16</td>
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<td>31</td>
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</tbody>
</table>

Table 1. The summary of the microclimatic conditions during the experiments [15].

The EN ISO 7726 [14] mentions that RTA is indicated as $\Delta t_{pr}$ and is defined as the difference between the plane radiant temperatures $t_{pr1}$, $t_{pr2}$ (corresponding to the above $t_{rA}$, $t_{rB}$) of two opposite sides of a small plane element:

$$\Delta t_{pr} = t_{pr1} - t_{pr2} \quad [K].$$ (1)

Since the asymmetry of the radiant temperature is related to the small planar element, its value depends on its orientation. The orientation can be determined in certain situations, such as a ceiling and floor asymmetry. However, if the direction is not specified, the radiant asymmetry should be related to the orientation giving the maximum values [14].

2.2. GLOBE STEREOTERMOMETER MEASUREMENT

Measured physical parameters were $t_a$, $\varphi_a$, the relative humidity and radiant temperature measured in the direction of the radiation $t_{rA}$ and on the opposite side $t_{rB}$. Those values were measured by Indoor Climate Analyzer type 1213, Briel and Kjaer.

For a radiant temperature asymmetry measurement (RTA), another alternative Czech patented device, a globe stereothermometer, was used (Figure 2) [15, 16]. The globe temperature $t_g$ was measured by this device as well.

A globe stereothermometer is a sphere with a diameter of 150 mm divided into six segments. This division has proved to be sufficient for practice. To investigate the most sensitive parts of the body — head, only five segments corresponding to the face, scalp, left, right and back of the head are necessary. More than six segments turned out to be redundant. The temperature of each segment is called a stereotemperature $t_{segment}$ [17]. The modification patented by Jokl [18] lies in a division of the sphere thermometer’s surface into six equal segments. The axes of segments are perpendicular to each other. The segments are thermally isolated from each other and are placed on a special internal design of a heat-insulating material. The internal structure ensures a separation of the heat conduction and also their mutual radiant influences. Based on the ability to distinguish among directions of the radiation and convection, the globe stereothermometer got its name.

The device is similar to a globe thermometer, which has been in a continuous use since 1923, and which
The procedure of human experimentation was followed in accordance with the ethical standards and the current laws of the Czech Republic and Helsinki declaration of 1964, as revised in 2013 [12].

2.3. ETHICS

The procedure of human experimentation was followed in accordance with the ethical standards and the current laws of the Czech Republic and Helsinki declaration of 1964, as revised in 2013 [12].

2.4. STATISTICS

A correlation and regression analyses were used for the statistical evaluation (α = 5%). Processing was done in Stata v. 9 [10].

3. RESULTS

3.1. CRITERION VALIDATION “HEAT LOAD FROM THE SPACE = f(t_{stereo} − t_g)”

The legitimacy of this relationship has to be proved in:

(1) a physiological aspect of the correlation of the thermal environment with an average skin temperature;

(2) a psychological aspect of the correlation of the thermal environment with human sensations.

The results of the correlation and regression analysis indicate the following.

(1) from a physiological aspect, a very good correlation was found (|R| = 0.986) between the mean skin temperature $t_{sk,average}$, and the relation of $(t_{stereo} − t_g)$, where the thermal insulation of the clothing and the globe temperature were considered:

\[
t_{sk,average} = 23.452 + 1.294I_{cl} + 0.361t_g - 0.049(t_{stereo} - t_g) \quad ^{\circ}\text{C},
\]

where $I_{cl}$ is thermal insulation of clothing [clo]; $t_g$ is the globe temperature [°C].

(2) The European Standard EN ISO 7730 [6] was used. The seven-point scale of thermal sensations was used; see Table 2 (commonly accepted as a psychological representative of the heat load of a human). The experiment demonstrated a high correlation (|R| = 0.998) between $(t_{stereo} − t_g)$ and thermal sensations (sensations) of subjects (Figure 3):

\[
(t_{stereo} − t_g) = 6.47 \text{sensations} - 0.0824t_o^2 + 2.967t_o - 23.024 \quad ^{\circ}\text{C},
\]

where $t_o$ is the operative temperature, in conditions where $v_o \leq 0.2 \text{ m s}^{-1}$ we have $t_o = t_g \quad ^{\circ}\text{C}$; sensations is the thermal sensation, i.e., a subjective figure expressed in a seven-point scale −3 to +3 [6].

3.2. RELATIONSHIP BETWEEN RADIANT TEMPERATURE ASYMMETRY AND STEREOTEMPERATURE

The difference between stereotemperature and the globe temperature $(t_{stereo} − t_g)$ was used instead of the radiant temperature difference. The relationship between the differences $(t_{A} - t_{B})$ and $(t_{stereo} − t_g)$ can be expressed by the equation by the following equation (|R| = 0.987):

\[
(t_{stereo} − t_g) = 0.23(t_{A} - t_{B}) + 0.2 \quad ^{\circ}\text{C};
\]
Figure 3. Correlation between \((t_{\text{stereo}} - t_g)\) and thermal sensation of subjects expressed by the seven-point scale \((-3 \text{ to } +3)\) depending on the globe temperature \((t_g)\) and clothing insulation \((I_{cl})\) [20].

<table>
<thead>
<tr>
<th>Point scale</th>
<th>Sensation</th>
</tr>
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<tbody>
<tr>
<td>3</td>
<td>Hot</td>
</tr>
<tr>
<td>2</td>
<td>Warm</td>
</tr>
<tr>
<td>1</td>
<td>Slightly warm</td>
</tr>
<tr>
<td>0</td>
<td>Neutral</td>
</tr>
<tr>
<td>-1</td>
<td>Slightly cold</td>
</tr>
<tr>
<td>-2</td>
<td>Cool</td>
</tr>
<tr>
<td>-3</td>
<td>Cold</td>
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</tbody>
</table>

Table 2. The seven-point scale of thermal sensations [6].

the relationship is graphically illustrated in Figure [4] [20].

The stereotemperature correlated very well with \(t_{rA}\) \((|R| = 0.989–0.994)\). Unlike \(t_{rA}\), \(t_{\text{stereo}}\) also depends on the airflow. The relationship between \(t_{rA}\) and \(t_{\text{stereo}}\) depending on the airflow in a range 0.25–1 m s\(^{-1}\) is shown in Figure 5.

The results of the experiments expressing the relationship (4) between \((t_{\text{stereo}} - t_g)\) and the feeling of warmth of subjects were used to design tables of allowable values of a non-uniform radiant-convective load for low demanding job working classes I and IIa to the amended Government Regulation No. 93/2012 Coll. [19] (see Tables 3 and 4). Working classes I and IIa include occupations, such as PC workers, management, administrative work, lab workers, cashiers and car drivers. Furthermore, in an accordance with EN ISO 7730 [6] to the sanitary regulations, the limits for workplaces with high demands on the thermal comfort environment (workplace categories A and B) and workplaces with common requirements for the thermal comfort environment (category C) were established.

Category A and B are used for offices with the required high and medium quality of an environment (sensation of warmth in the range of ±0.5). The category C is used for other workplaces with common demands on the quality of the environment (a sensation of warmth in the range of ±0.7) [6].

4. DISCUSSION

One of the aims of the experiment was to determine the response of the selected physiological parameters and subjective feelings of experimental subjects (ES) during mental work in a non-uniform radiant-convective load under experimental conditions in a climatic chamber. But, it is necessary to consider that the experiment would have a higher perceptive value with a higher number of people and a more diverse group - gender and age. In this case, women were chosen because of their higher sensitivity to microclimatic conditions [21]. Due to the fact that the experiments were carried out on ESs seated during mental work, the results cannot be applied to intense human activities. The results are used as a basis for adjusting level I and IIa work classes in the Czech regulation for the protection of health at work.

Another objective was to verify the applicability of \(\Delta(t_{\text{stereo}} - t_g)\), which was introduced into Czech legislation "Health Protection at Work". The proposed criterion has a distinct advantage — the effects of convection. It is necessary to understand the implications of the standards (meaning primarily EN ISO 7730), that the allowable values of the radiant temperature asymmetry (RTA) could be achieved by an intensity radiation reduction of the given surface (if possible), or by increasing the intensity of the radiation from
Figure 4. Relationship between the temperature differences \((t_{\text{stereo}} - t_g)\) and \((t_A - t_B)\) calculated from all measurements \((v_a = 0.25\text{–}1.0\text{ m s}^{-1})\) [20].

Figure 5. The relationship between radiant temperature \(t_A\) and stereotemperature \(t_{\text{stereo}}\) depending on the air flow \(v_a = 0.25\text{–}1\text{ m s}^{-1}\) [20].

The opposite side. In these two options, the convection is not included in the RTA, despite it being an important factor. For example, if we compensate a high radiation from one side by a cool air via a air conditioner from the same side, asymmetry of the temperature would not change because of the convection. The discrepancy is caused by the assumption that the radiation of an exposed surface of the body is also dependent on the radiation from the opposite unexposed surface of the human body. The radiation of each side needs to be solved separately. In terms of physiology, the radiation of one side cannot be solved by the intervention on the opposite surface of the body. From the foregoing, it is evident that the radiant intensity is not suitable as well. These criteria should be replaced by a criterion that includes a radiation of exposed side and also contains the convection.

Disadvantages of this study might be in measuring the stereotemperature only at 1.1 m above the floor and with a low air velocity. Further studies in more varied conditions are necessary. Two objective methods of microclimate evaluation were also compared in the study, particularly its non-uniform radiant-convective components. The relationship [5] and the dependence in Figure [5] show that a globe thermometer can be used to measure the radiant temperature asymmetry and recalculate the value of the difference of the plane radiant temperature. The comparison in Tables [3] and [4] show that the difference between stereotemperature \(t_{\text{stereo}}\) and the globe temperature...
The work has proved that stereotemperature shows a simultaneous continuous measurement of both the using a stereothermometer in practice is that it allows as the value of the inequality of the thermal environment, as well and humidity and the temperature differences. It has been the heat flow depended on the ambient airflow, the effect of the thermal radiation and convection; i.e.,

5. Conclusions
The work has proved that stereotemperature shows the effect of the thermal radiation and convection; i.e., the heat flow depended on the ambient airflow, the humidity and the temperature differences. It has been shown that the value of $\Delta(t_{\text{stereo}} - t_g)$ characterizes the inequality of the thermal environment, as well as the value of $\Delta(t_{A} - t_{B})$ does. The advantage of using a stereothermometer in practice is that it allows a simultaneous continuous measurement of both the globe temperature and the radiant temperature on its six sides.

By adding the stereotemperature to Government Regulation No. 93/2012 Coll., “Health Protection at Work”, it is possible to more accurately measure the perception of the climate conditions of exposed workers. The values obtained from the experiments were used to design tables of allowable values for low demanding work classes I and II, which require mental work. In accordance with EN ISO 7730, limits were designed differently for workplaces with high demands on the thermal comfort environment (workplace categories A and B) and work with common requirements for the thermal comfort environment (category C).

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<table>
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<tr>
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<th>$t_{\text{stereo}}$ $[\degree C]$</th>
<th>$\Delta(t_{\text{stereo}} - t_g)$ $[\degree C]$</th>
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<th>$t_{\text{stereo}}$ $[\degree C]$</th>
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Table 3. Allowable horizontal differences $\Delta(t_{\text{stereo}} - t_g)$ between the stereotemperature and the globe temperature at the head level in the case of standard working classes I and IIa performed at workplaces inside buildings [9].

<table>
<thead>
<tr>
<th>$t_g$ on the level of head $[\degree C]$</th>
<th>$t_{\text{stereo}}$ $[\degree C]$</th>
<th>$\Delta(t_{\text{stereo}} - t_g)$ $[\degree C]$</th>
<th>ISO $t_A - t_B$ $[\degree C]$</th>
<th>$t_{\text{stereo}}$ $[\degree C]$</th>
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Table 4. Allowable horizontal differences $\Delta(t_{\text{stereo}} - t_g)$ between the stereotemperature and the globe temperature at the head level in the case of standard working classes I and IIa performed at workplaces inside buildings [9].
LIST OF SYMBOLS

PMV Predicted mean vote. The predicted mean vote of a group of people on the 7-point thermal sensation scale.

PPD Predicted percentage of dissatisfied. The predicted percentage of a group of people who are feeling too cold or too hot. [%]

RTA radiant temperature asymmetry

t_{stereo} - t_A stereotemperature [°C]

t_g globe temperature [°C]

t_A radiant temperature (measured from the direction of radiation A) [°C]

t_B radiant temperature (measured from the direction of radiation B) [°C]

v_a air velocity [m s⁻¹]

t_a air temperature [°C]

RH relative humidity [%]

\( t_{pr(1,2)} \) plane radiant temperature (direction 1 or 2) [°C]

I radiation intensity [W m⁻²]

\( t_o \) operative temperature [°C]

\( I_{cl} \) clothing insulation [W m⁻²]

\( t_{sk} \) skin temperature [°C]

\( t_{sk,average} \) mean skin temperature [°C]

REFERENCES


